In the 16th Century Ponce de Leon was sent by the Spanish King to question the Caribbean Indians about more treasures; while doing so he heard from them of the existence of a wonderfully rich set of Islands, where people never aged; the reason being they said, that *in one of these islands live people who never age because therein flows a spring whose waters have the power to restore youth.* The Spanish conquistadors searched and searched for the said spring but never found it, so The Fountain of Youth became a Legend.

So, when Dame Ysatis De Saint-Simone started her rejuvenation work liferenewal was considered at best a Legend, and at worst inconceivable, although there are records as ancient as life itself in books of ancient wisdom about 'a Magic Cauldron of renewal,' of extraordinary people who were considered 'Demigods' for they were wise and didn't age the same way as others did, and of tales that point the way to a Wonderland where beauty, everlasting youth and eternal life are a reality. So, instead of disbelieving, Ysatis who believes that behind all legends there is an essential truth that we most find in order to profit from its legendary power, searched for the how to make them true in herself and she found It! The NATURAL REJUVENATION DVD offers to everyone part of her extraordinary findings.

'The Grail Knights live from the Power of a stone of the purest kind. I will tell you its name... *By its magic the wondrous bird, the Phoenix, becometh ashes,* and yet doth such virtue flow from the stone, that afresh it riseth, renewed from the ashes aglow, and the plumes that erewhile it moulted spring forth yet more fair and bright. There was never human so ill that if one day he see It, yet he dies not the day that he can gaze at the stone, nor yet the week after, nor does his face become distorted, *His colour remains clear and pure* when he gazes daily upon the stone as erstwhile in his best time as youth or maiden If he gazed at the stone for two hundred years Save that his hair may turn gray Such force gives the stone to man that his flesh and bones promptly become young again And the stone is called The Grail.'

Von Eschenbach's 'Parsifal'

In Egypt there are hieroglyphics that tell us of Pthe, who descended from the Heavens to craft the human body, and made it so that it would be a perfect vehicle for our soul to return to the realm of the Blessed.

The Mayans speak about Itz, a substance that comes out of the Heavens, a Cosmic Sap, the Life Force energy upon which the world is built.

Jesus the Christ, whose words have not been yet spiritually/scientifically Understood nor explained correctly, told us clearly, "*The Kingdom of Heaven** *is within you*." the word *'*Heaven*' in Aramaic means '*place within man where its elemental nature is raised to Divine Splendor*. With these words the Christ, Jesus is indeed telling us that there is an inbuilt technology within us that can raise us to Divine Splendor, and gradually become Light Beings able to cross over the mortal, human world to the Eternal, Divine Realm and become Immortal.

Did any preacher be it minister, or priest ever tell you what the word 'Heaven' meant, the one word that gives its real power-sense to Jesus' words?

Jesus also spoke of a 'Fountain' whose living waters could help us spring into eternal life. He said to the Samaritan woman:

"I will make a fountain of living waters spring out of its entrails and whoever drinks of the water shall never thirst again; but the same water shall become in him a well springing up into Eternal Life." Did any preacher be it minister, or priest ever tell you that Jesus is here talking about a biological process that can be awakened within us?

These '*living waters*' are probably, '*the Itz substance*' that the Mayans said came out of Heavens. And also the 'unidentified substance' the Egyptians used to open '*a rusty valve*' that triggered the production of hormones from the now '*dormant pineal gland*' in most humans, but that is no doubt *one of* the glands that when awakened help to gestate our own non-molecular light body?

As I said before the popular legend of the Fountain of Youth started in the 16th Century when the King of Spain sent Ponce de Leon to Florida to find a rumored Fountain of Youth that the Caribbean Indians talked about. They were unsuccessful. . . So, the Fountain of Youth became just a legend. . . It could have remained a legend also for me, but i I remembered what was said of the Holy Grail *'that if one day anyone sees It, his appearance will stay the same as on the day he sees it.'* And instead of looking for it in Florida, I looked in the direction the words of the Master of Love were pointing at,

"I will make a fountain of living waters spring out of its entrails and whoever drinks of the water shall never thirst again; but the same water shall become in him a well springing up into Eternal Life."

Is there any doubt that he talking of the Fountain of Youth inbuilt within us? Is our body capable of manufacturing a substance that can renew our cells and rejuvenate us? The Master of Love and Essence of all Life, Science and legend tells us so.

These were valuable signs that pointed to. . . So, I followed them and looked at the direction they were pointing at, until I found *'The Fountain which gave life to this and all other Legends. . ."*

So, know that all of the information about rejuvenation there is, is not just Legends. . . Different branches of science now corroborate the words of Jesus and of these whimsical Legends, Dr. Charles Muses says:

"Actually our bodies are like fountains. The fountain has a shape only because it's being renewed every minute, and our bodies are being renewed. So we are standing waves; we are no exception."

Dame De Saint-Simone says: "Years have passed since I started practicing the system I discovered, and time has proven to me that its practice is the greatest testimony of its effectiveness in maintaining peace of mind, optimal health and well-being in our bodies."

She is not just talking. She is indeed the best testimony of the effectiveness of her Natural Rejuvenation system. Her radiant vitality, creativity and youthful presence speak for themselves. The Natural Rejuvenation DVD is one of the fruits of her findings and her offer to all others who want to live free of stress and rejuvenate in a natural way.